



Foundation Pharmacist Training Programme

2021/22

Foundation pharmacist training with Buttercups
enables graduates to turn their knowledge into the skills
required to become a competent and confident
health professional

www.buttercups.co.uk

Welcome

Hello and Welcome to Buttercups Training!

None of us could have anticipated how much our lives would be affected over the past year by the global pandemic. The training of our future pharmacists was inevitably disrupted but as pioneers of online training, Buttercups have been well placed to quickly adapt. As our pre-registration trainees became provisional registrants, Buttercups made a commitment to continue to support their training until the GPhC registration assessment was possible.

A new year brings new challenges, new opportunities and a new title of 'foundation pharmacist' as we begin to embrace the new GPhC standards for the initial education and training of pharmacists. With a sharp focus on developing the skills required for a modern pharmacist, our Foundation Pharmacist programme follows on from university and brings exciting new opportunities for trainees, including a Clinical Skills programme to prepare trainees for services such as the Community Pharmacy Consultation Service (CPCS). We also have a new optional GP pharmacist programme for those

working or aspiring to work in a practice setting.

It has been a year like no other and on behalf of all at Buttercups I wish to express deep gratitude to those pre-registration trainees, provisional pharmacists, tutors and members of the wider pharmacy team for their dedicated work and commitment to patient care during the Covid-19 pandemic.

Key Features

Our programme has evolved to reflect the transition from pre-registration to foundation pharmacist training which begins in 2021. Our 2021/22 programme is our most comprehensive ever and now includes a greater focus on the development of clinical skills to support the development of new and emerging pharmacy services.

- Face to face learning and virtual classroom study days
- Full Mock Examination and Review mapped to the current GPhC registration assessment framework
- Clinical Skills Training and Certification
- First Aid Training and Certification
- b-Hive course website provided for each programme
- Comprehensive online training courses
- Interactive virtual classroom tutorials
- A dedicated Buttercups pharmacist course tutor for every programme
- Live online tracking for tutors
- An e-Portfolio for collating records of evidence
- PRESTO! our interactive exam support tool

Pre-registration/Foundation Pharmacist of the Year 2020

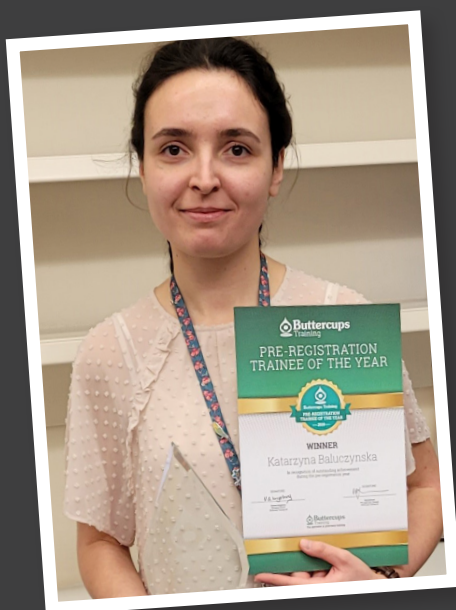
Our recent winner of the prestigious Buttercups Pre-registration Trainee of the Year award is Katarzyna Baluczynska who undertook her training placement with Lincolnshire Co-operative Pharmacy in Boston, Lincolnshire. Despite the pandemic and lockdown taking hold, Katarzyna demonstrated exceptional dedication to patient-centred care during difficult times which alongside her other achievements helped her beat off the competition.

In the words of her pre-registration tutor Mohamed Babkir, 'She remains humble, takes all the advice offered to her, reacts effectively to constructive criticism and bounds forwards from each experience. She always tries to perfect each task allocated and pushes herself to exceed expectations. Kat has been simply exquisite to know and work with in her time here and this achievement should not go unnoticed. She is an example to others and her achievements are worthy of recognition wider than our incredibly grateful pharmacy and its customers'.

Well done Kat, a truly worthy winner. We wish you success for your future pharmacy career!

Katarzyna Baluczynska

Lincolnshire Co-operative Pharmacy, Boston



Blended Learning

What is 'Blended Learning'?

Since its launch, our blended learning programme has proven to be the essential structure required for trainees to progress successfully from student to registered pharmacist. Our training has three broad categories: study days, virtual classrooms, and e-learning.

Study Days

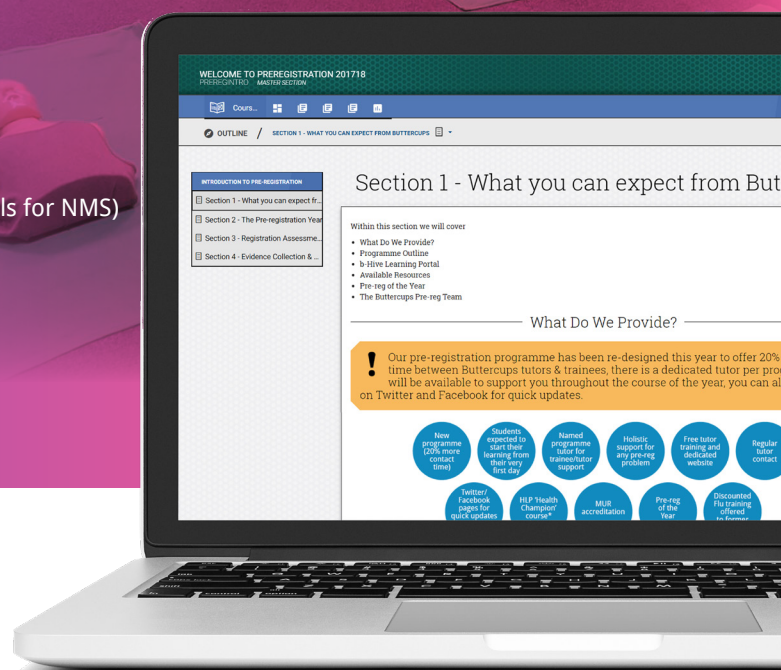
Study days run regularly from the start of the year and help trainees get to grips with what the GPhC require of them. Study days help trainees to acquire essential knowledge in responding to symptoms, calculations and key clinical areas, all underpinned with a sound understanding of law and ethics. Our methods include interactive workshops, peer learning, case study review and learning through clinical simulation. During the COVID-19 pandemic, we were able to deliver our programmes virtually and are well placed to adapt each session should we need to again. Our study days cover:

- Minor Ailments and Responding to Symptoms workshops
- Pharmacy Law and Ethics
- Communication Skills and Patient Counselling
- High Risk Medicines workshop
- Medicines Optimisation and effective consultations (practical skills for NMS)
- Clinical Skills Programme (practical skills and certification)
- Safeguarding & Clinical Governance
- Skin and Wound Care
- Pharmacy Management
- First Aid Training
- Mock Registration Assessment and Review
- Revision Webinars and Planning

Virtual Classrooms

Virtual Classrooms enable your trainee to learn and engage with their Buttercups tutor and fellow trainees on a variety of key subjects. We offer teaching webinars on pharmacy 'essentials' such as pharmacy funding, clinical webinars with exam-style questions to test trainee understanding in real time, and weekly revision webinars in the run up to the exam, developed on topics most requested by our trainees.

Buttercups tutor Ellie Talbot conducting a webinar in our virtual classroom.



e-learning

Our e-learning training programmes are available for trainees to engage with throughout the year, at their own pace. This includes the following:

- Medicines Counter Assistant (MCA) course
- RSPH Level 2 Understanding Health Improvement (Health Champion) course
- BNF/BNFC clinical workbooks for every chapter
- BNF/BNFC exam-style questions for every chapter
- Law and Ethics
- POM to P medicines
- Exam-style calculations papers
- Essential Reference Texts
- Drug Tariff
- Responsible Pharmacist workbook
- Women's and Child Health Workbook
- Video Tutorials on CNS subjects and other 'Hot Topics'

2021/22 Programme



Clinical Skills Programme for Pharmacists (including Vaccination)

For the first time ever our complete Foundation Pharmacist Programme will include the opportunity to undertake an additional Clinical Skills Programme comprising an online course plus assessment of skills leading to certification. This new programme will enable trainees to obtain the underpinning knowledge and develop skills including measurement of blood pressure, pulse, oxygen saturation, peak flow, respiratory rate, blood glucose, urinalysis, temperature and pain analysis. This training will provide the type of skills required for the national Community Pharmacy Consultation Service and will also include vaccination training.

Locations

In 2021-22 Buttercups are planning programmes in the following locations:

Birmingham
Bristol/Bath
Leeds
Leicester
Liverpool
London
Manchester
Newcastle
Nottingham

We also offer bespoke and fully online programmes – ask a member of our team for more information



Support

Tutor Support

We realise a successful foundation year not only needs great training but also a great tutor. We therefore provide a range of resources and have a dedicated pharmacist available to deal with your enquiries from Monday to Friday, 9.00am to 5.00pm. What's more, as we only use our own dedicated tutors, we get to know your trainees as individuals and are able to provide tailored help and guidance where needed. Our tutor support includes:

- Complimentary training for all new and established tutors, including webinars to coincide with 13, 26 and 39 week trainee assessments
- Tutor website with support documents
- Mid-year trainee reports
- Support for GPhC premises approval
- Recruitment and Visa advice

e-Portfolio and Live Online Tracking

Good organisation and planning are key to the success of foundation pharmacist training. We want our clients to be well informed about the performance of their foundation trainees in order to help keep them on track. We therefore provide two features to help you better support your trainee. Our e-Portfolio can be used to save records of evidence in a format that will allow tutors to assess progress and provide feedback.

Additionally our online tracking system gives tutors the opportunity to log in and see how their trainee is doing at any time, day or night.

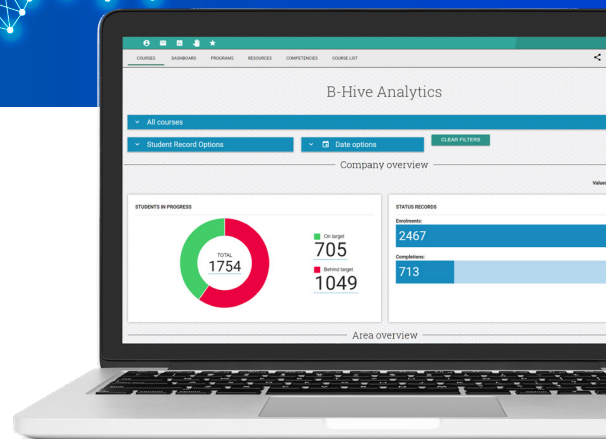
Trainee Support

Foundation pharmacist training can be a difficult year and trainee wellbeing is of great importance to us. Our team of Buttercups tutors are ambassadors for the charity Pharmacist Support and are available to offer help and advice throughout the year. A member of the foundation training team is available during the working week, or you can email preregtraining@buttercups.co.uk with enquiries.



Pharmacist Support

working for pharmacists & their families



Our Team



Anita Bedi

Before joining us in 2013 Anita was Lead Pharmacist for an online veterinary retailer. Her broad experience in community pharmacy includes a role as an Anticoagulation Management Pharmacist, but she now specialises in course content and development for Buttercups.



Ellie Talbot

Ellie hails from the North West where after graduation she completed her pre-registration training at the Countess of Chester Hospital. A variety of locum and Pharmacy Manager roles have helped her to appreciate the challenges of pharmacy and pre-registration. Ellie is also our resident calculations guru.



Herpreet Sharma

Herpreet has experience within the community pharmacy sector in both large multiples and independent pharmacies. She worked on a project with Hertfordshire County Council to promote the delivery of equitable health to those with learning disabilities, an initiative which was later rolled out to the whole county.



Lena Mahboub

Lena is our most recently qualified member of the Professional Development team. She has until recently practised as a Community Pharmacist in South Wales where she has been Pharmacy Manager of three different pharmacies within the same company. Lena has had a passion for people development and training throughout her career.



Joanne Higham

Following pre-registration in industry and hospital pharmacy, Joanne took on a variety of hospital roles including specials manufacturing. Moving to community pharmacy she pursued an interest in training, and has been involved in the delivery of vaccination and 'health champion' courses for Buttercups.



Rebecca Carpenter

Rebecca completed her pre-registration in community pharmacy, where she then continued to work for several years as a pharmacy manager for a large multiple. More recently, Rebecca completed her Independent Prescribing qualification and moved into a Primary Care role, within a GP practice. She has always had a great interest for pharmacy education and has worked as a pharmacy trainer for many years. Rebecca is very passionate about promoting the pharmacist's role within the wider, multi-disciplinary healthcare team.



Suranjit Kamra

Suranjit's background is in community pharmacy where she has undertaken several Pharmacy Manager, and Relief Pharmacist roles. After completing her clinical diploma she worked as a Prescribing Support Advisor for GP surgeries and continues to locum for independent pharmacies.



Khilna Shah

Khilna undertook a number of community pharmacy positions before becoming Pharmacy Manager for a large multiple. A passion for training led her to becoming the company's Pre-Registration Programme Manager for 10 years, during which time she also developed an optician pre-registration programme.

And finally

What others say about us!

As a Buttercups trainee I felt supported to achieve my potential. It can be daunting when you first start the foundation pharmacist year but I knew that with the Buttercups timetable, I was set for success. A friendly tutor who was a constant at all the study days also helped me feel that I could keep my learning on track. Buttercups is a leading name in pharmacy training and I knew I was in capable hands.

Thorrin Govind, RPS English Pharmacy Board Member and Buttercups Pre-reg 2015-16

Buttercups have quickly established our confidence in a company that truly has expertise in foundation pharmacist training support. We have no need to look elsewhere.

Barrie Smith, Pre-registration Manager, Paydens Group of Pharmacies

Buttercups provide training which is high quality and professional, but most importantly they make huge efforts to ensure it is practical, engaging and fun –my foundation pharmacist love their Buttercups sessions! They also find the supporting materials very useful and can contact Buttercups whenever they need help or support. Personally, I find Buttercups very accommodating and a pleasure to work with!

Amanda Kemp, Regional Pre-registration Facilitator for East Midlands (Hospital Pharmacy)

I'm so grateful to you for all your help and support, practical tips, personal experience and doing so much to make us feel comfortable. Training days are so far one of the most beneficial and pleasant pharmacy related experiences I have ever had, and it's all thanks to you!

Mira Florova, Pre-registration Trainee 2020, Pearl Chemist Group

Self-Directed Learning

At Buttercups we realise every trainee is an individual and that no two people will have exactly the same needs. That's why we created our foundation pharmacist self-directed learning materials which are available to everyone, no matter where they are training. Whether it's a particular clinical area or more calculations practice, trainees can pick and mix from a range of programmes and get one-to-one support from one of our pharmacist tutors. Our mock exam and review is also a popular choice for trainees from all sectors at a choice of venues throughout England and Wales. For more information, check out the self-directed learning section at: www.buttercupstraining.co.uk



Contact Us

If you're ready to discuss how Buttercups can best meet your training needs, feel free to contact one of our friendly team. Also remember to keep well informed by following us on social media for foundation pharmacist advice, hints, tips and details of vacancies with Buttercups Training.



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Buttercups Pharmacy Student Vacation Programme:

A two week structured programme to help pharmacy students gain insight into the world of community pharmacy.

Our aim is to inspire, encourage and support you to go on and make a difference in your career.

Benefits of a Buttercups Summer Placement

- ✓ Experience real life community pharmacy
- ✓ Help inform your ORIEL preferences
- ✓ Make your CV look more impressive
- ✓ Work alongside pharmacists and pharmacy professionals
- ✓ Build on university knowledge and gain new skills
- ✓ Network with other programme trainees on a dedicated Facebook group
- ✓ Two different programmes to choose from

Who can apply?

1st, 2nd and 3rd year MPharm students

Register your
pharmacy
on our
website

www.buttercups.co.uk

2015 - 2020